## MDM4U Final Project

## Plan Phase

## 4. Self-Tracking – Primary Research

Replication Size: 1 month, 31 days

Source: Personal Fit Bit



Variables:

	Name	Categorical/Numerical	Discrete/Continuous
1	Date	Numerical	None
2	Steps	Numerical	Discrete
3	Floors	Numerical	Discrete
4	Distance	Numerical	Continuous
5	Calories Burned	Numerical	Discrete
6	Active Minutes	Numerical	Discrete
7	Sleep Time	Numerical	Continuous